

A melanoma diagnosis can be a confusing and traumatic time for patients. That's why we have information available for patients and their families to support them on their melanoma journey.



Patient Guides

Our free guides are available by disease stage and will help you to:

- Answer questions you may have
- Understand melanoma diagnosis, treatment and follow-up care
- Know where to go for further information and resources.

Patient Information Brochures

Our Patient Information Brochures have detailed information about melanoma diagnostic tools, treatments, procedures and more.

Examples include:

- Lentigo maligna
- Total body photography
- Lymphoedema
- Sentinel node biopsy procedure
- Exercises following dissections

Patient Education

Keep updated on the latest in melanoma diagnosis, treatment, care and research through our patient videos, forums and webinar recordings.



DOWNLOAD RESOURCES AND FIND OUT MORE:
melanoma.org.au/for-patients/patient-information

Melanoma Institute Australia

The Poche Centre, Cammeraygal Land, 40 Rocklands Road, Wollstonecraft NSW 2065
P 02 9911 7200 F 02 9954 9290 E info@melanoma.org.au melanoma.org.au

We understand that melanoma diagnosis and treatment can be overwhelming for patients, their carers and loved ones. We are here to provide support in many ways.



Patient Support Fact Sheets

Our Psychology Team regularly produce articles and fact sheets about topics that matter to melanoma patients and their loved ones, such as:

- *Coping with scanxiety*
- *Tips for managing special dates*
- *Caring for a loved one diagnosed with melanoma*

Support Services

Learn about looking after yourself, your emotional wellbeing and where to get help in our *Self Care and Support Guide*. We also have a *Support Services Directory*, which includes helpful support services from wellbeing to psychology services.



FIND OUT MORE:
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